

REPORT ON INTERNATIONAL YOGA DAY

Date: 21.06.2024

Venue: College Ground

Patrasayer Mahavidyalaya has celebrated International Yoga Day On 21st June 2024 from 8.00am onwards at the college ground. The program was jointly organized by NSS and Physical education department. The HOD of the Department of Physical Education Mr Atanu Ghar began the event with a brief introduction of yoga day .The International yoga day is celebrated every year at Patrasayer Mahavidyalaya for encouraging and motivating the students along with every other member of Patrasayer Mahavidyalaya. Prof Ghar made the students understand that Yoga is an ancient and complex practice rooted in Indian philosophy. Yoga refers to the physical, mental and spiritual practices or discipline that enhances the quality of human life. It began as a spiritual practice but has become popular as a way of promoting physical and mental well being. Yoga is a practice that connects the body, breath and mind. It uses physical postures, breathing exercises and meditation to improve overall health. Yoga also brings mental benefits such as reducing anxiety and depression.

Mr A Ghar finally congratulated all the students who participated in the event and thanked them for making the International yoga day genuinely successful.





Patrasayer, West Bengal, India
6G3G+QGM, Patrasayer, Chak Patra Saer, West Bengal 722206, India
Lat 23.204447°
Long 87.526143°
21/06/24 08:11 AM GMT +05:30

PATRASAYER MAHAVIDYALAYA

Date-

SL. NO	STUDENT NAME	SEM	ROLL NO	UID	SIGNATURE
1.	Ananya Khan	2nd	224	23151202013	Ananya Khan
2.	Keya Bag	2nd	437	23151203018	Keya Bag
3.	Sayantika Sarkar	2nd	135	23151203015	Sayantika Sarkar
4.	Jyotirmoyee Mondal	2nd	187	23151202004	Jyotirmoyee Mondal
5.	Priyanka Bairagi	2nd	174	23151211003	Priyanka Bairagi
6.	KOVEL NANDI	2nd	431	23151238012	KOVEL Nandi
7.	PAPRIYA Baidi	2nd	426	23151238013	PAPRIYA Baidi
8.	Sanchani Ghosh				
9.	Sanchani Ghosh	2nd	177	23151209001	Sanchani Ghosh
10.	Ranjana Das	2nd	104	23151201015	Ranjana Das
11.	Bidmut Baidi	2nd	31	23151201009	Bidmut Baidi
12.	Dibyapari Banerji	2nd	90	23151208003	Dibyapari Banerji
13.	Ranju Ghosh	2nd	102	23151201088	Ranju Ghosh
14.	Ranu Ghosh	2nd	38	23151201070	Ranu Ghosh
15.	Rahul Ghosh	2nd	280	23151202087	Rahul Ghosh
16.	Riya Dasi	2nd	43	23151201043	Riya Dasi
17.	Abhishek Ghosh	2nd	314	23151201077	Abhishek Ghosh
18.	Rimpa Ghosh	2nd	36	23151201071	Rimpa Ghosh
19.	APURBA DHARA	2nd	30	23151201052	Apurba Dhara
20.	Sanchita Pal	2nd	01	23151203012	Sanchita Pal
21.	NIKHIL GHOSH	2nd	68	23151201036	Nikhil Ghosh
22.	Riya Ghosh	2nd	108	23151201091	Riya Ghosh
23.	AKASH RUIDAS	2nd	67	23151201003	Akash Ruidas
24.	Suhana Parvin	2nd	07	23151202001	Suhana Parvin
25.	KIRON DAVU	2nd	129	23151201008	Kiron Davu
26.	Mubkan Parvin	2nd	87	23151208009	Mubkan Parvin



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Patrasayer Mahavidyalaya
Bankura

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Date-

Sl. No.	STUDENT NAME	SEM	ROLL NO	UID	SIGNATURE
1.	Ullasa Dey	iv	154	22151201156	Ullasa Dey
2.	Medha Nandi	iv	201	22151201047	Medha Nandi
3.	Ananya Nandi	iv	209	22151201046	Ananya Nandi
4.	Shampa Ghosh	iv	171	22151201040	Shampa Ghosh
5.	Pravat chowdhury	iv	72	22151101030	Pravat chowdhury
6.	Animesh Panja	iv	80	22151101010	Animesh Panja
7.	Rakhi Furkosh Rakhi	iv	341	22151202023	Furkosh Rakhi
8.	Rakhi Mandal	iv	88	22151101031	Rakhi Mandal
9.	Pampa Lohan	4th	273	22151201016	Pampa Lohan
10.	Shraboni Nandi	4th	658	22151102015	Shraboni Nandi
11.	Jhuma Panja	4th	92	22151101018	Jhuma Panja
12.	Parvin Khatun	4th	94	22151104004	Parvin Khatun
13.	Ismatara Khatun	4th	668	22151104005	Ismatara Khatun
14.	Mistu Dey	4th	07	22151103012	Mistu Dey
15.	Puja Kundu	4th	05	22151103015	Puja Kundu
16.	Monika Bagdi	4th	365	22151201001	Monika Bagdi
17.	Boristi Ghosh	4th	401	22151201023	Boristi Ghosh
18.	Sudipa Layek	4th	400	22151201026	Sudipa Layek
19.	Riya Dutta	4th	104	22151111001	Riya Dutta
20.	purnima Lohan	4th	395	22151206006	purnima Lohan
21.	Priyanka Bagdi	4th	262	22151201007	Priyanka Bagdi
22.	Payel Bani	4th	160	22151201161	Payel Bani
23.	Riya Nandi	4th	208	22151109014	Riya Nandi
24.	Manisha Lohan	4th	206	22151109012	Manisha Lohan
25.	Rocky Ghosh	4th	119	22151109005	Rocky Ghosh
26.	Swarna Puile	4th	57	22151109002	Swarna Puile




 Principal
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Date-

Sl. NO	STUDENT NAME	SEM	ROLL NO	UID	SIGNATURE
1.	Chirag Keshri	VI	516	21151103002	Chirag Keshri
2.	FALGUNI NAIK	VI	08	21151101014	Falguni Naik
3.	Husnahara Firdousi	VI	308	21151208005	Husnahara Firdousi
4.	Najima Khatun	VI	228	21151202026	Najima Khatun
5.	Jhuma Tule	VI	306	21151209001	Jhuma Tule
6.	Habiba Baumi	VI	203	21151202008	Habiba Baumi
7.	Pratyanka Kundu	VI	430	21151201040	Pratyanka Kundu
8.	Omanimameli	6	443	21151219004	Omanimameli
9.	Sabana Eysmin	6th	340	21151219008	Sabana Eysmin
10.	Surajit Ruidol	6th	412	21151204012	Surajit Ruidol
11.	PAPRIYA KHATUN	6th	427	21151201204	Papriya Khatun
12.	Rupsa Khatun.	6th	184	21151201213	Rupsa Khatun
13.	Shilpa Bag	6th	526	20151206006	Shilpa Bag
14.	Samapti Ghosh	6th	29	21151101003	Samapti Ghosh
15.	Priyanka Ghosh	6th	30	21151101011	Priyanka Ghosh
16.	Somashree Pramanik	6th	11	21151102010	Somashree Pramanik
17.	Akashdeep Sinha	6th	284	21151201087	Akashdeep Sinha
18.	Gyan Nayak	6th	509	21151201008	Gyan Nayak
19.	Sathi Chandra	6th	97	21153119007	Sathi Chandra
20.	Jhumpa Ghosh	6th	33	21151101006	Jhumpa Ghosh
21.	Disha Ghosh	6th	21	21151101005	Disha Ghosh
22.	Payel Ghosh	6th	32	21151101009	Payel Ghosh
23.	Ananya Banerjee	VI	41	21151103011	Ananya Banerjee
24.	Asha Bagdi	6th	183	21151204003	Asha Bagdi
25.	Pratyanka Lohar	6th	302	21151202036	Pratyanka Lohar
26.	ANTARA BASU	6th	223	21151210006	For - Sumita Ghosh



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